附件1

**消防员岗位体能测试计分标准**

|  |  |  |  |
| --- | --- | --- | --- |
| **得分** | **100米**  **计分标准** | **3000米**  **计分标准** | **单杠引体向上**  **计分标准** |
| 100 | 13"30 | 11'20 | 18 |
| 95 | 14"50 | 11'30 | 17 |
| 90 | 15"00 | 11'40 | 16 |
| 85 | 15"50 | 12'00 | 15 |
| 80 | 16"00 | 12'20 | 14 |
| 75 | 16"50 | 12'40 | 13 |
| 70 | 17"00 | 13'00 | 12 |
| 65 | 17"50 | 13'20 | 11 |
| 60 | 18"00 | 13'40 | 10 |
| 50 | 18"50 | 14'00 | 9 |