附件2

男性体能测试内容及评分标准（入职测试）

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| **得分** | **1500米长跑** |
| 100 | ≤5＇09＂ |
| 95 | 5＇10＂～5＇16" |
| 90 | 5＇17＂～5＇23 " |
| 85 | 5＇24＂～5＇30 " |
| 80 | 5＇31＂～5＇37 " |
| 75 | 5＇38＂～5＇44 " |
| 70 | 5＇45＂～5＇51 " |
| 65 | 5＇52＂～5＇58 " |
| 60 | 5＇59＂～6＇05 " |
| 55 | 6＇06＂～6＇12" |
| 50 | 6＇13＂～6＇19 " |
| 45 | 6＇20＂～6＇26 " |
| 40 | 6＇27＂～6＇33 " |
| 35 | 6＇34＂～6＇40" |
| 30 | 6＇41＂～6＇47 " |
| 25 | 6＇48＂～6＇54 " |
| 20 | 6＇55＂～7＇01 " |
| 15 | 7＇02＂～7＇08" |
| 10 | 7＇09＂～7＇15 " |
| 5 | 7＇16＂～7＇22 " |
| 0 | ﹥07＇23＂ |

女性体能测试内容及评分标准（入职测试）

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| **得分** | **800米长跑** |
| 100 | ≤3＇10＂ |
| 95 | 3＇11＂～3＇18" |
| 90 | 3＇19＂～3＇25 " |
| 85 | 3＇26＂～3＇32 " |
| 80 | 3＇33＂～3＇39 " |
| 75 | 3＇40＂～3＇46 " |
| 70 | 3＇47＂～3＇53 " |
| 65 | 3＇54＂～4＇00 " |
| 60 | 4＇01＂～4＇07 " |
| 55 | 4＇08＂～4＇14" |
| 50 | 4＇15＂～4＇21 " |
| 45 | 4＇22＂～4＇28 " |
| 40 | 4＇29＂～4＇35 " |
| 35 | 4＇36＂～4＇42" |
| 30 | 4＇43＂～4＇49 " |
| 25 | 4＇50＂～4＇56 " |
| 20 | 4＇57＂～5＇03 " |
| 15 | 5＇04＂～5＇10" |
| 10 | 5＇11＂～5＇17 " |
| 5 | 5＇18＂～5＇24 " |
| 0 | ﹥05＇25＂ |